



Parents Place Community Connections

Building strong communities, one family at a time.

PARENTS PLACE IS A PROGRAM OF JEWISH FAMILY AND CHILDREN'S SERVICES



Parents Place is a program of Jewish Family and Children's Services, and has been an integral part of the Marin community for more than thirty years, providing comprehensive services to families with children from birth to 18 years old. In addition to offering a variety of parent education workshops at our family resource center, we are pleased to offer our professional workshops directly onsite at your school, organization, or business location.

With our **Community Connections** program, we come to you! Peruse our catalog and choose one of our engaging, interactive workshops on any topic relevant to the families in your community, preschool through high school. Our professional presenters, consultants, and clinicians are all experts in child development with extensive experience supporting parents, children, caregivers, and teachers. We look forward to partnering with you as we build strong communities, one family at a time.



For more information contact

Rebecca Wood,
Director, Parents Place Marin
RebeccaW@jfcs.org

Marin Location

Dr. George Sugarman Swift Building
600 Fifth Avenue
San Rafael, CA 94901
415-419-3600

www.parentsplaceonline.org



Scheduling is Easy!

Select a Time, Date and Topic

Workshops may be scheduled during the day and weekends but we have found the best attendance to be **Tuesday – Thursday** evenings (from 7:00 – 9:00 pm). If you can provide alternate dates and times when requesting a workshop, that will be helpful as our presenters are popular and get booked up quickly. We also can customize a workshop for topics not specifically listed here for both parents and educators.

Workshop Request Form

A **Workshop Request and Confirmation Form** will be emailed to you. You can either fill it out and email the form to RebeccaW@jfcs.org or call **415-419-3609**. After the presenter confirms availability, you will receive a written confirmation with all the details.

Fees and Invoices

Please call for more information about our workshop fees.

BUILDING STRONG AND HEALTHY FAMILIES

For Dads Only—Effective Fathering (all ages)

During this workshop, author and parent coach Tom Limbert will reveal how a father can walk the fine lines of discipline, respect, and support. Tom will use his book, *Dad's Playbook: Wisdom for Fathers from the Greatest Coaches of All Time*, as a framework for tackling the issues facing today's fathers. We will discuss the values of listening, leading by example, staying in the moment, setting clear limits, and motivating your children.

Handling Parental Anger (all ages)

Parenting young children is a joy. It is also one of the hardest jobs you'll ever do. Frustration and exhaustion are common, and anger cannot be avoided. We all lose our tempers occasionally, but learning to take care of our own feelings first is crucial before dealing with a child's behavior. Devise a plan to deal with your anger so that it doesn't overtake you or harm your child or family life. Understand how and when your buttons are pushed and find constructive ways to express yourself.

Infant and Child CPR (for expectant parents, parents, grandparents, and caregivers of children up to onset of puberty)

Learn to recognize an infant or child in distress, rescue measures for choking, CPR techniques, and infant sleep safety. Includes hands-on practice with mannequins. One-year certification provided. *Available in English and Spanish.*

Is That Me Yelling? (all ages)

Want to have more harmony at home and less yelling? Most parents agree that yelling isn't beneficial, but many report that they just don't know what to do when their children misbehave. Learn to create a plan—and more—to address the issues that trigger yelling. One recent participant shared, “Rona’s class goes beyond the standard suggestions of deep breaths and removing yourself from the room. She helped me think about the negative thought patterns I get caught in that fuel my yelling.”

Mommy Fatigue (mothers of children birth – 10 years)

Let's be honest ... parenting young children is both a joy AND the most exhausting job you've ever had! Join other moms in a relaxed group setting to discuss the ups and downs of parenting; including maternal burn-out and how to address it. We will create a safe space to explore tough topics such as the ambivalent feelings of parenthood, the ever-present parenting guilt, and anger management issues. Get suggestions around self-care, mind-body awareness, and work-home-play balance.

Mindful Parenting—Strategies for Creating a Calm, Intentional and Compassionate Connection with Your Children (all ages)

Mindfulness is all the rage these days but what exactly is it and how can you be a “mindful parent?” In this two hour workshop we will answer those questions and teach you how to use this powerful skill in your day-to-day parenting. We will practice mindfulness in class and you will receive many examples of how to be mindful with your children, have a compassionate connection with them, and preserve your equanimity and sanity! You will also learn ways to introduce mindfulness to your children and receive recommendations and resources for learning more about incorporating mindfulness in to your parenting.

Parenting as a Team, Even When You Disagree (all ages)

More often than not, parents have different ideas when it comes to raising kids. This workshop will focus on how you can back each other up, and do so willingly, through a process of negotiation and compromise. Discussion will focus on creating a parenting plan by identifying important rules and

agreed-upon discipline techniques to fall back on when conflicts arise. Topics will include the three basic levels of family ground rules, a bigger picture reflection on what values parents should instill in their children, and strategies for dealing with disagreements when they arise.

Parenting Young Children Through Separation and/or Divorce (birth – 8 years)

Acquire information and effective skills on how to manage the challenging process of separation/divorce while keeping your child's best interest in mind. We'll cover important topics such as post-separation parental adjustment, the major factors that affect children's adjustment, how to identify "red flags" for children, when/how to get professional support, parent-child communication, and the co-parenting relationship.

Positive Sibling Relationships: Keeping the Peace (2 – 10 years)

Discover the underlying reasons for sibling battles and learn techniques to help children minimize and resolve conflicts. Participants discuss when to intervene, aspects of fairness, and strategies for raising cooperative and compassionate kids.

DISCIPLINE AND CHALLENGING BEHAVIORS

Boys and Discipline (2 – 10 years)

The activity level of boys often requires a different approach for discipline. This interactive class explores problem-solving strategies that communicate both clear limits and love. Discover how setting effective limits can be an opportunity for both you and your son(s) to grow, learn, and thrive.

Discipline and Guidance (3 – 8 years)

Parenting is one of the hardest jobs in the world. The stresses of modern life and the changing needs of children make it difficult to maintain a positive approach in the face of the challenges parenting brings. During conflicts using positive, playful and creative approaches to engage your child can go a long way. In this workshop we will explore how to improve limit setting, encourage responsibility and exercise discipline with love and respect. Bring your challenges and explore positive, practical strategies to use at home.

Get Your Young Child to Listen (1 – 6 years)

Having trouble getting your little ones to listen? Want to build a lifelong relationship based on mutual respect, honest communication, and genuine trust? During this class, local parenting author and educator Tom Limbert, MA, will help you better understand your child, instruct you about common parenting pitfalls, and provide concrete tips for communicating effectively with young children. Using basic principles of human nature, Tom will offer you a clear plan for motivating your child to listen and cooperate.

Hitting, Biting, and Pushing: Managing Aggressive Behavior in Young Children (1 – 5 years)

Young children can quickly and easily become overwhelmed by strong feelings that lead to aggression. As a parent, you can find mortifying to watch your child behave aggressively and not know how to intervene. During this workshop, you will acquire strategies to prevent, manage, and respond to aggressive behaviors, including biting, hitting, and grabbing toys.



Motivating Children without Rewards (2 – 10 years)

Participants explore how an overreliance on consequences and rewards can get in the way of children's growth and ability to learn. Discussion includes how to use encouragement and praise to motivate positive behaviors and cooperation.

Parenting Your Strong-Willed Child (2 – 6 years)

Do you often feel your child is just "more" than others his age? Do you describe her to others as "challenging" or "intense?" This workshop can help you understand your child's unique temperamental qualities and rise to the special challenges of parenting a strong-willed child. You will develop realistic developmental expectations and learn about setting appropriate boundaries for the child who sometimes requires "more," as well as using structured limit-setting techniques and delivering positive rewards.

Positive and Effective Discipline: A Crash Course (3 – 5 years)

Starting with a basic understanding of developmental norms for 3- to 5-year-olds, we will break down the components of discipline—communication, listening, modeling, consequences, and more—to learn about improving limit-setting, encouraging responsibility, and fostering communication.

Positive Discipline Parenting—Jane Nelsen Style (3 – 10 years)

This workshop, based on Jane Nelsen's highly popular Positive Discipline books and interactive seminars, will provide an overview of her perspective on Positive Parenting and Positive Discipline. Proven to be effective, this workshop will focus on gaining a better understanding of your child's behavior; disciplining with connection, love, and respect; and finding common-sense solutions to everyday challenges.

Tantrums, Meltdowns, Sobbing, Pouting, and Foot-Stomping Rages: Strategies that Can Help (3 – 6 years)

If your kid has ever "lost it" over something—or nothing!—this workshop is for you. Come learn strategies you can use the next time something shockingly awful—like when you did something for a

child who wanted to “do it myself,” or you offered the “wrong” color shirt—leads to crying, screaming, or fist-pounding tantrums. During this experiential, fun workshop, you will practice helpful skills with other calm adults before returning to the challenges of raising actual children.

Turning No into Yes: Encouraging Cooperative Behavior in Children (2 – 6 years)

This workshop will offer practical help with the everyday challenges of communicating effectively with your young child and engaging cooperation. The discussion will include how to use positive redirection, limit-setting, and a playful approach to effectively turn your child’s “no” into “yes”.

What To Do When You Reach The End of Your Rope: New Parenting Strategies (2 – 6 years)

Where do you turn after you’ve tried everything and nothing works? What do you do when you get to the end of your rope with your kids ... but you have to keep going? Join Bay Area parenting expert Julie King for fresh, personalized ideas in this Question and Answer format class. Bring your challenges and concerns and leave with concrete strategies and renewed hope that you, too, can thrive as parents of young children.

DAILY ROUTINES

Bye-Bye Diapers (18 months – 4 years)

Toilet learning can cause confusion and tears in toddlers and parents alike. This workshop will give you important information on this developmental stage, and strategies to prepare you to undertake the task! Topics include: assessing readiness, reviewing various toilet-training techniques, setting the stage for learning, dealing with resistance, and more.

Encouraging Responsibility: Allowance, Chores, and Homework (4 –12 years)

In this fun, interactive workshop, parents and kids work together to establish routines, set priorities, and create a balance between responsibilities, extra-curricular activities, and the quality relaxation time children need.

Infant Sleep Solutions (birth – 12 months)

Learn some great techniques to help your little one—and you!—sleep. We will discuss baby sleep needs and the best ways to help young ones learn good sleep habits. We will cover the importance of a baby schedule, challenges to baby sleep habits (developmental milestones), new SIDS research and guidelines, pros and cons of various sleep methods (Ferber, CIO, low/no-cry methods), infant/child sleep products, and choices: family bed, crib, and room sharing.

Juggling Two: Preparing Yourself and Your Older Child for the New Arrival (birth – 10 years)

You’ve finally gotten used to being a parent, you’ve established nice routines, and you’ve even managed to carve out a few hours a week to yourself! But now, a new baby is coming, or already here, and there just isn’t as much time to rest and prepare as there might have been with your first child. Learn more about how to have a smooth transition. During this workshop, we will discuss tips and strategies for preparing the family, behaviors to expect in the first few months, and ways to support healthy sibling relationships.



Playful Connections: Activities, Education, Support (walkers – 3 years)

This unique program designed for parents and toddlers to encourage budding socialization skills, emotional development and cognitive growth in our playful environment. Interact, sing, move, and play with your child while learning how these activities build a strong foundation for learning and connection. We encourage parents to bring in issues and challenges from home to discuss with the group. A simple snack is provided, so let us know if there are any dietary restrictions in your family.

SCHOOL SUCCESS

Choosing the Right Preschool for Your Child (1 – 5 years)

Understand different preschool philosophies and how to identify high-quality programs that match your needs. Learn the criteria to consider when choosing a program, what to look for during school tours, and tips for gaining admission into selective schools.

Ready, Set, Go: Preparing for Kindergarten (4 – 5 years)

Know what to expect from kindergarten programs and what makes a child ready for the experience. Discussion in this workshop will include suggestions on how you can help your child prepare socially, emotionally, and academically for this transition.

Working As A Team (all ages)

As teachers, we spend most of our time focused on the children—being with them, preparing for them, and cleaning up after them. Communication with parents is another of our priorities. Often there is little time left over to sort out the myriad of challenges that come from working together in such a demanding job. Yet the modeling of cooperative teamwork and respectful communication is key in supporting the well-being of our children and helping them build healthy, respectful relationships. In this workshop we will explore some techniques for effective and respectful communication and ways to strengthen teamwork, creating a more joyous atmosphere for both children and staff.

CHILD DEVELOPMENT

Ages and Stages: Supporting Development in the First Five Years

(0 – 5 years)

Gain practical tips for guiding children through the critical developmental stages of a child's first years and discover how to promote play, learning, and social skills development through daily interactions.

Feisty Threes and Fours (3 – 5 years)

Learn why these are the “feisty” years and how to enhance cooperative behavior and turn “feisty” into “fun!” Tips, resources, and discussion about teaching self-discipline, control, socialization skills, and more while still allowing our children to be children.

Terrific Toddlers and Twos (1 – 3 years)

Acquire a developmental understanding of how best to support your little ones and preserve your sanity! We will talk about setting limits, guiding behavior, developing social skills, understanding tantrums, and more.

Understanding Temperament (6 months – 6 years)

No matter how children are parented, inborn temperament influences their behavior. Learn how your child's temperament is expressed and how best to meet challenges and strengths.

Your One-Year Old: What To Expect (6 – 24 months)

This class will cover developmental milestones, sleeping and eating behaviors, social and emotional development, and beginning limit-setting.

SOCIAL AND EMOTIONAL LEARNING

Coping with Crying: Managing Strong Emotions (2 – 8 years)

In this workshop, participants discuss varied reasons for crying, effective parent and caregiver responses, and how to build coping skills for young children. Explore stages of emotional development and learn how to support a child's emerging ability to self-regulate.

Helping Your Child Cope with Anxiety (5 – 10 years)

We will focus on what anxiety feels like to your child and how it affects your family as a whole. Strategies to help your child manage their feelings will be discussed and common anxiety triggers—such as school situations, social dynamics, sleep, and separation—will be addressed.

How to Talk So Kids Who Are 'Wired Differently' Will Listen (3 – 10 years)

Do you have a child who is especially sensitive, stubborn, or strong willed? Has your child been diagnosed with an autism spectrum disorder, sensory processing disorder or attention deficit hyperactivity disorder? If you've never taken a parenting workshop because your child is not “typical,” this workshop is for you! Come learn how to use the skills of the “How To Talk” workshops with your special child. With Julie King, Parent Educator and mother of children with sensory processing disorder and autism. Four-week series.

How to Talk So Kids Will Listen: Part 1 (3 – 10 years)

Are you getting worn down by morning-rush madness, bedtime challenges, dawdling, whining, and other challenging behaviors? Do you find yourself too often resorting to threats, bribes, or a raised voice? Learn practical strategies to improve cooperation and discipline, strengthen character, and enhance your relationships at home. Based on the bestsellers by Faber and Mazlish, this entertaining

workshop consistently receives rave reviews. Here's what one participant said: "... immensely helpful, practical, and insightful." Available as a 6-1/2 hour one-day intensive, or a four-week series.

Part 2 also available! Part 2 provides opportunities to review and expand on the concepts from Part 1, as well as cover three additional topics: encouraging autonomy, the pitfalls of praise, and freeing children from playing roles.

How to Talk So Kids Will Listen: Introductory Two-hour Session

(3 – 10 years)

Are you getting worn down by morning-rush madness, bedtime challenges, dawdling, whining, and other challenging behaviors? Do you find yourself too often resorting to threats, bribes, or a raised voice? Based on the bestselling books by Faber and Mazlish, "How To Talk So Kids Will Listen" is an entertaining workshop that consistently receives rave reviews. This two-hour introductory class will provide you with concrete tools for improving cooperation and goodwill, and it will give you a taste of the whole powerful series.

How to Talk So T(w)eens Will Listen and Listen So T(w)eens Will Talk

(10 – 15 years)

Are you getting worn down by homework battles, constant arguments, moodiness, lack of cooperation, thoughtlessness, or other typical t(w)een behaviors? Join us for this experiential, engaging workshop and learn concrete skills you can use immediately to make a positive difference in your relationship with your t(w)een. This stand-alone two-week or four-week workshop will cover the first skills from the multi-week "How to Talk" series, which receives consistently great reviews from participants: "The skills are great, and sharing how we actually used them with our kids was so helpful."

May I Have Your Attention Please! Parenting Your Child with ADHD

(6 – 13 years)

Are you confused and frustrated by your child's inability to 'just sit still'? Do you get frequent calls from your child's teacher about incomplete assignments? Are you tired of having to constantly repeat your requests? These and other concerns are frequently experienced by parents of children with ADHD—a common behavioral disorder that affects about 10% of school-age children. We will provide tools to help you understand what your child with ADHD can do and how you can support them in reaching his or her full potential. You will leave this workshop with an understanding of: current research on the most effective ADHD treatment options; the most effective behavioral goals to target; the critical elements of a successful ADHD-focused behavior plan; and how to implement an effective ADHD-informed behavior management system at home.

Parenting Your Spirited Child (2 – 6 years)

Is your son always on the go, resisting change or insisting on having things his way? Does your daughter notice everything around her, boss the other kids around at school, or have meltdowns when you take her to the store? Some children are "more," and learning about their temperament and yours will reduce tensions and increase harmony for the entire family.

Play: The Key to Learning and Social-Emotional Growth (1 – 6 years)

In this workshop, participants discuss the research and benefits of play; how it fosters the imagination, builds confidence, and is a critical component in all five developmental domains: cognitive, large motor, fine motor, language, and social and emotional growth.

Proven Solutions to Puzzling and Challenging Behaviors: Part 1

(1 – 7 years)

Does your child have epic meltdowns? Is he clumsy, clingy, or picky about clothes or shoes? Does she bite, chew clothing, or frequently bump into people or things? Children can be baffling, often



leaving parents struggling to manage their behaviors and responding to their needs. This class offers scientific explanations for children’s puzzling behaviors. A child therapist and occupational therapist team up to offer clear explanations, up-to-date research, strategies, and examples that bring proven methods to life. You will leave with a whole new understanding of why children behave the way they do and tools you can use when your child exhibits problematic behaviors.

Puppet Magic! (1 – 5 years)

Explore the magical world of puppets with children. Take stories and puppetry to another level to support children through challenging situations and incorporate a playful approach to guidance and discipline. Some singing and movement games included.

Raising Daughters (2 – 10 years)

Raising a daughter offers delights and frustrations. This workshop will focus on enjoying our relationship with our daughters and guiding them to success, resiliency, and a healthy self-image. Gain an enhanced understanding of girls’ typical development and behavior patterns, identify the issues they face, and learn skills to help them cope and to strengthen their self-esteem.

Raising Sons (birth – 10 years)

Many parents observe boys are “wired” differently from girls, but research shows they are just as sensitive. Despite advances in gender equality, boys still feel considerable pressure in our culture to be aggressive, stoic, competitive, and independent—and how they negotiate these pressures will have an impact on the men they become. This class is designed to assist you in raising boys who are thoughtful, compassionate, and strong.

Raising Your Highly Sensitive Child (2 – 8 years)

Does your child seem shy and cautious or anxious in groups? Perhaps he or she child is highly sensitive. Learn to better understand your child’s needs and strengths and work through transitions and change with minimal anxiety, tantrums, and more.

Raising Your Only Child (2 – 10 years)

We will discuss the joys and challenges of raising an only child and provide practical strategies to avoid spoiling, foster independence, and encourage positive social relationships.

What To Do With the Mad You (and Your Child) Feel (4 – 10 years)

Explore helpful perspectives on anger and self-control for both you and your children and learn strategies to help children develop self-regulation.

POSITIVE PARENTING PROGRAM (TRIPLE P)

Triple P is one of the few parenting programs in the world that's been scientifically proven to work. For more than 30 years, Triple P has helped hundreds of thousands of families deal with issues ranging from temper tantrums to disobedience, bedtime dramas to homework battles, dawdling to interrupting. Triple P suggests simple routines and small changes that can make a big difference to your family.

Triple P Seminar Series

This series of three seminars for groups of parents focuses on positive ways to promote children's development. Each seminar is 1½ to 2 hours long and includes an informational presentation followed by a question and answer session.

Power of Positive Parenting (Triple P Workshop) (birth – 11 years)

Children of all ages need a safe, secure, and loving environment to do well. Positive parenting is an effective approach to raising children that emphasizes the positive. It involves creating a family environment that is loving, supportive, and predictable. This is important in raising healthy, well-adjusted children who have the skills and confidence they need to succeed at school and in their relationships with others. Positive parenting reduces the stress of parenting and makes parenting more rewarding and enjoyable.

Raising Confident, Competent Children (Triple P Workshop) (Birth – 11 years)

The values, skills and behaviors to encourage in children are the choice of every individual parent. However, some core skills are important for everyone. Children are more likely to be confident, succeed at school, and get on well with others when they develop certain life skills. These life skills include being respectful and considerate, communicating well with others, thinking positively and having healthy self-esteem, being a good problem solver, and becoming independent and able to do things for themselves.

Raising Resilient Children (Triple P Workshop) (Birth – 11 years)

One of the most important tasks of parenthood is helping children learn to deal with their emotions. All children experience periods of stress in their lives and need the emotional skills to deal with them. Children's emotional resilience, or ability to cope with their feelings, is important to their long-term happiness, wellbeing, and success in life. Emotional resilience involves six key skills: recognizing and accepting feelings, expressing feelings appropriately, having a positive outlook, developing effective ways of coping, being able to deal with negative feelings, and being able to manage stressful life events. This workshop provides some ideas on how to help children become emotionally resilient.

Triple P Discussion Groups

These two-hour group sessions give parents a chance to explore a particular parenting issue with a small group of other parents and caregivers. They include an informational presentation as well as tips and suggestions for dealing with each specific behavioral challenge. You'll see short video clips showing other parents successfully dealing with the same issue, and you'll be encouraged to share your experiences and thoughts with the other parents in the group, if you so wish. You'll also receive a take-home workbook with simple exercises and information to help you try your new strategies at home.

Dealing with Disobedience (2 – 12 years)

We all know what it's like to face that moment when our children just don't do as they're told. This discussion group gives positive strategies to help you face obedience problems. You will discuss the types of disobedience you find yourself dealing with and some of the reasons children don't do as

they're told. You'll learn how to keep track of disobedience problems to better understand them and strategies for preventing them. Finally, you'll learn effective ways to set limits and manage disobedience. With these tools, your child will be more successful in accepting limits.

Managing Fighting and Aggression (2 – 12 years)

It is natural for children to have disagreements or arguments at times. However, when children fight, the risk is that someone will be hurt. This discussion group gives suggestions to help you teach your child to solve problems and get along with others. You will discuss the types of fighting and aggression you find yourself dealing with, some of the reasons children fight, and the skills children need to be able to get along with others. You'll learn how to keep track of fighting and aggression problems to better understand them and strategies for preventing them. Finally, you'll learn effective strategies to help your child play cooperatively and manage those times when they lose their cool and fight or become aggressive.

Developing Good Bedtime Routines (2 – 12 years)

Children need a good night's sleep so they have enough energy for the next day's activities. Parents also need adequate sleep and some child-free time to ensure their own needs are being met. As children grow, they can learn to become more independent in their sleep routine. This discussion group gives positive parenting strategies to help you develop a good bedtime routine, teach your children to fall asleep in their own bed, and stay in their bed until morning. You will discuss common bedtime problems and skills that will help children get into a good bedtime routine. You'll learn how to keep track of sleep patterns to better understand them and strategies for preventing these problems. Finally, you'll design a personal plan for developing good bedtime routines in your family.

Hassle-Free Shopping with Children (2 – 12 years)

Shopping can be an enjoyable activity for the whole family. This discussion group gives positive parenting suggestions to help you avoid shopping hassles and teach your child to behave responsibly on shopping trips. You will discuss common shopping hassles, things that influence children's behavior, and some of the "traps" parents often fall into when shopping. You'll learn how to keep track of problems associated with shopping to better understand them and strategies for preventing them. Finally, you'll develop a personal shopping plan to reduce the chances for hassles and learn strategies to manage misbehavior if it happens.

Triple P Group

This seven-week series for parents of children 18 months to 10 years includes five weekly sessions and two weekly individual phone sessions. It is structured to give parents an opportunity to identify specific goals, learn strategies, try some things out, and fine-tune what they have learned.



Parent Coaching & Consultation

Do you have concerns or questions about your child’s development, interactions, or behavior? Parents Place offers individual parent and family coaching and consultation services. Our expert team of highly trained professionals will address your concerns and questions about your child and provide practical recommendations to help with your particular situation. We help with babies, children, and teens; and can also assess your child or observe your child at school.

- Setting Limits
- Social-Emotional Development
- Tantrums
- Behavior & Discipline
- Parenting as a Couple
- Highly Sensitive Children
- Toilet Learning
- Separation and Divorce
- Temperament
- School Challenges
- Social Relationships
- Sleep Issues
- Teens and T(w)eens
- Special Needs
- And More



Rebecca Wood, LCSW—Director for Parents Place, Marin

Rebecca’s specialty is behavioral challenges, acting out behavior, consistent limit-setting, positive reinforcement, self-soothing, and fostering independence. She leads our new mom’s support group and is trained in the evidenced based Positive Parenting Program.



Alyse Clayman, LCSW—Clinical and Site Director, Marin Region

Alyse specializes in working with families who are coping with significant changes or loss such as separation, divorce, and blended families, and with youth who are exhibiting acting-out behaviors. She has expertise in serving children struggling with attention, depression, anxiety, stress, and those on the autism spectrum.



Robyn Matlon, M.Ed., M.A., Psy,D.—Psychologist

Robyn specializes in play therapy, child development, attachment, depression, anxiety, complex trauma, and post-traumatic stress disorder. She conducts psychological assessments of children for a range of issues, including learning, attention, and memory challenges, and struggles with social-emotional or behavioral functioning.



Bonnie Romanow, BA—Preschool Consultant and Parent Educator

Bonnie specializes in working with parents of young children (6 and under) on a broad range of parenting issues including early childhood development, toilet learning, sleeping and discipline challenge. She is trained in the Positive Parenting Program.

**Schedule a
consultation today!**

415-419-3600

www.parentsplaceonline.org



DR. GEORGE SUGARMAN SWIFT BUILDING

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