



## Clinical Services for Children

### Comprehensive Services

Coaching for Parents • Screening and Evaluation • Speech and Language Therapy  
Occupational Therapy • Social Skills Groups • School Observation & Consultation • School Advocacy

#### We Provide Consultation and Therapy Services for:

Anxiety • Sensory Integration • Autism Spectrum • Behavior Management  
ADHD, Learning Challenges • Anger Management • Depression



## **Clinical Services for Children**

Parents Place offers services for all parents, including those who are raising children with special needs. We recognize that each child is unique and therefore uniquely special and that some children require more support than their same-age peers.

At Parents Place, we have brought together a team of highly trained specialists with experience and expertise in child development, mental health counseling, speech and language development, and occupational therapy. Our collaborative approach allows us to offer parents step-by-step guidance in a flexible, supportive, and highly coordinated manner. Our goal is to address your immediate concerns and offer your family a roadmap so that you can confidently choose a path that is right for your child and family.

**Koret Family  
Resource Center**  
200 Channing Avenue  
Palo Alto, CA 94301  
650-688-3040

**Eleanor Haas  
Koshland Center**  
2001 Winward Way  
San Mateo, CA 94404  
650-931-1800

**For more information, please contact:**

[www.parentsplaceonline.org/peninsula](http://www.parentsplaceonline.org/peninsula)

[www.facebook.com/parentsplaceorg](https://www.facebook.com/parentsplaceorg)

[www.twitter.com/parentsplaceorg](https://www.twitter.com/parentsplaceorg)

PARENTS PLACE IS A PROGRAM OF JEWISH FAMILY AND CHILDREN'S SERVICES  
OF SAN FRANCISCO, THE PENINSULA, MARIN AND SONOMA COUNTIES



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## Coaching for Parents

Children today often face many challenges as they navigate our intensely competitive and complex world. At Parents Place, our highly experienced staff includes licensed child psychologists, clinical social workers, and marriage and family therapists, who can provide your children with support, guidance, and practical strategies to cope with the pains and stresses of growing up.

### **Contact our licensed professionals if your child is experiencing:**

- Significant family changes, such as divorce, loss of a family member, or moving to a new home
- Difficulties with anger management
- Mood and anxiety disorders
- Prolonged or profound sadness
- School issues (such as changes in attendance, behavior, or academic performance)
- Intense irritability or mood changes
- Social isolation or interpersonal difficulties
- Trauma-related difficulties
- Sleep issues (such as insomnia, wakefulness, or nightmares)

Our menu of mental health services includes: individual, family, and group therapies. We use diverse strategies, such as child-parent psychotherapy, cognitive behavioral therapy, attachment-based and trauma-specific treatment, dialectical behavioral therapy, social learning, and sand tray therapy.

**Treatment is individualized to meet each family's unique needs.**

## Screening and Evaluation

Many children and parents have experienced lengthy testing protocols, but even after testing, parents often learn only that their child has a “disability” or a specific diagnosis. They many not receive any clear guidance on what to do next.

At Parents Place, we are different. We use a unique collaborative assessment model.

### Here’s what we do:

- Listen to your concerns and partner with you to figure out where we can be of help.
- Focus on your child’s and family’s strengths and understand your child’s specific challenges and how they can best be managed or overcome.
- Address your immediate concerns and offer your family a roadmap so you can confidently choose a path that is right for your family.

### Here is what we don’t do:

- Focus *only* on diagnosing your child’s challenges.
- Recommend a full battery of tests that cost thousands of dollars.
- Leave your family without a plan of action.

## Teen Services

**Parents Place** is a safe place for you and your teen to obtain counseling services as well as education revolving around the various stressors of adolescence including:

- How to manage academic stress in a competitive environment
- Social and Performance Anxiety
- Depression
- Parent Child Communication
- Sexuality
- Substance Use

**Call 650-688-3046 for an appointment or to find out more about our services.**



## Technology

In the ever-evolving area of technology and our intricate relationship with our devices it is ever-more important to find ways to balance our online and offline relationships. At Parents Place we offer an opportunity to create a space for a compelling conversation about your family and screen time for preschoolers, elementary-age, and teens.

- Explore the advantages and drawbacks for our little digital natives
- Recognize the top signs of screen addiction
- Discuss the reality and challenges of being a good role model with your own digital use
- Create Family contracts

## Speech and Language Therapy

Speech and language consultation, assessment, and therapy services are available for children and youth ages 2 – 18 in English and/or in Hebrew and are provided by a licensed speech-language pathologist. Parents Place provides a broad range of services to evaluate and treat many forms of communication disorders, including:



- Articulation/phonological delays
- Receptive/expressive language delays
- Social-language/pragmatics delays disorders (such as those common in Autism Spectrum Disorders)
- Stuttering/fluency disorders
- Auditory processing disorders
- Childhood Apraxia of Speech/Speech Motor Planning Disorders
- Voice Disorders

In addition to our standard speech and language evaluations bilingual evaluations (Hebrew/English) are available to determine if a child has a speech/language delay/disorder (requiring therapy) or difficulty learning a second language (requiring tutoring). Therapy in pairs and groups is also available.

**Call 650-688-3046 for an appointment or to find out more about our services.**



## Occupational Therapy

Parent's Place offers a wide range of occupational therapy services including

- full developmental and sensory assessments
- screenings and consultations
- individual and group therapy sessions

Serving children newborn through adolescence, our therapists use state of the art equipment and professional insight to provide treatment to a large range of development needs including:

- developmental delays
- sensory processing disorder
- autism spectrum disorder
- ADHD/ADD
- feeding challenges
- fine motor development

**Therapy is family based and utilizes skills from other clinical members of the Parent's Place team.**



## Sensory Processing Support Group

The Sensory Processing Parent Support Group is for parents of children with sensory processing challenges. Parents will have an opportunity to meet with others to share experiences, swap ideas and receive support.

The group is facilitated by Deanne Kelly, OTR/L and Kylie Hunter, OTR/L.

### Parents Place—San Mateo

2001 Winward Way, Suite 200  
San Mateo, CA 94404

For more information contact

**Deanne Kelly,**  
**Occupational Therapist**

[deannek@jfcs.org](mailto:deannek@jfcs.org)

650-931-1854

## Social Skills Groups

**Social Skills Groups** are for children (four and older) who experience challenges in social settings. Our team of expert clinicians provides a safe environment for children as they learn to interact with peers and practice social skills that will help them develop positive relationships and maintain friendships.

During the social skills group sessions, parents will have the opportunity to observe the social skills group in progress and learn new ways to reinforce growth of social skills at home and in school. At the end of each group, an individual consultation for each family is provided.

### Girls Friendship Skills Group

The Parents Place girls' group supports the relationship dynamics, challenges and self-esteem issues that are often unique to girls. This group focuses on friendship, communication, conflict resolution and assertiveness skills, as well as on self-esteem, body image and management of difficult emotions. In this group, girls will learn how to choose friends wisely, keep friends, navigate friendship choices and express their emotions and resolve conflicts in a healthy way.

This group is appropriate for girls struggling with any of the following:

- shyness and social isolation
- low self-esteem
- controlling and bossy behavior with peers
- bullying (being the target or initiator)
- difficulty letting go and moving on from conflicts
- Friendship Volatility

**“Little Rascals”** is for children who may have difficulty slowing down physically and may be impulsive or at times even aggressive. During this group, through a variety of sensory motor activities, mindfulness/relaxation strategies, and social skills practice, your child will learn to better regulate themselves emotionally, physically, and interpersonally resulting in the development of more positive peer relationships.

**Social Skills Groups are determined on a Quarterly basis. Please call to inquire about our schedule.**

**Call 650-688-3046 for an appointment or to find out more about our services.**





## School—Based Observations and Consultation

Parents Place's professionals offer a flexible menu of consultations to **teachers, classrooms, and entire schools**, individually adapted to meet educators' and parents' needs. Working in partnership with teachers, administrators, and parents, we offer evidence-based strategies for:

- Optimizing learning and social adjustment for all students
- Establishing most effective positive behavioral interventions for children with challenging behaviors
- Organizing classroom environments to help minimize sensory overload and distractions
- Facilitating social skills and social inclusion
- Improving parent-teacher communication

Our child development and learning specialists will partner with school staff to address challenges in development, learning, behavior, and socialization. Our goal is to facilitate appropriate and timely interventions for each child.

We observe children, teachers, and the classroom environment and strategize with educators and administrators to help staff better meet the needs of all children.

Parents Place staff also work with parents, providing them with parenting support and information about resources and referrals for services. Our licensed therapists, speech and language specialist, and occupational therapists are also available to support your children's needs through our Clinical Services division.

**Call 650-688-3046 for an appointment or to find out more about our services.**

## Children's Clinical Services Staff



### **Mimi Ezray, LCSW, MPH Director of Children's Clinical Services on the Peninsula**

Mimi has worked with children, teens and families in schools and clinical settings for almost 30 years. Her areas of specialization include working with children and families on challenges such as anxiety, anger, depression, social skills, coping with difficult life transitions and post adoption issues. In addition, she has done multiple presentations and groups in school and community settings on a variety of topics such as Anxiety and your child, Developmental Red Flags and Friendship issues for Girls. Mimi has overseen the Children's Clinical Program since 2012. She has a dual master's in Social Work and Public Health from UC Berkeley.



### **Kirk Stuepfert, LCSW, PPSC, Child and Family Therapist**

Kirk provides individual and family therapy, Cognitive Behavioral Therapy, social skills groups for children, and parent education workshops. His areas of expertise include working with children and families to address issues related to anxiety, anger, oppositional behavior, and family transitions. Kirk has offered school-based counseling services and taught in the classroom about anti-bullying, communications skills, and conflict resolution. A graduate of San Francisco State University, Kirk earned his MSW from San Jose State.



### **Anna Lisa Matudio, MS, OTR/L, Occupational Therapist**

Lisa is a board certified registered and licensed Occupational Therapist. She earned her Master's of Science degree in Occupational Therapy from Touro University and has a Bachelor of Science degree from the University Of California, Davis, in Human Development, with an emphasis in Child Development. Lisa has experience working as a Behavioral Interventionist for children diagnosed with Autism Spectrum Disorder. She has also provided Early Intervention services for children with developmental delays aged 0 – 3. Lisa specializes in working with children from birth through adolescence who would benefit from therapeutic intervention for neurodevelopmental and sensory processing delays, help with motor planning, activities of daily living, gross and fine motor development, visual motor integration, and feeding/eating.



### **Havi Wolfson Hall, LCSW, Child and Adolescent Therapist**

At Parents Place and JFCS Havi is one of our Child and Adolescent Specialists specializing in child anxiety, depression, self-regulation, and internet addiction. She has worked as a psychotherapist for 17 years and was previously at Jewish Family Services in Los Angeles where she treated individuals, couples, and families coping with issues such as anxiety, depression, grief, and divorce. She also led groups and provided workshops in the community on post-traumatic stress, addiction, and cybersafety. Before moving to the Bay Area in 2010, Havi grew a private therapy practice called Health-E-Connections which focused on the ever evolving issues regarding how to balance our lives online and offline. Havi has a Master's degree from Hebrew Union College in Jewish Communal Service and an MSW from The USC School of Social Work.



**Shirit Megiddo, MS, CCC-SLP, BCS-CL, Speech and Language Pathologist**

Shirit performs assessments and treatment for children with communications disorders. She is fluent in English and Hebrew and provides services in both languages. Her areas of expertise include child language delays and disorders, articulation and phonological delays and disorders, social language / pragmatics delays (often seen with autism spectrum disorders), stuttering and fluency disorders, and auditory processing. She is also certified and experienced in the Social Communication/Emotional Regulation/Transactional Support (SCERTS) model for autism, often applied during early intervention. Shirir received her master's degree in speech-language pathology from California State University, Hayward (now East Bay), and she also holds a bachelor's degree in biology with a minor in linguistics from the University of California, Santa Cruz. In addition, she holds a California State license and a certificate in clinical competence (CCC).



**Naama Lugasi, Social Worker**

Naama Lugasi is a social worker with over 12 years of experience working with children, adolescents and families in both individual and group settings. Her areas of expertise include depression and self-esteem issues in children and adolescents as well as the effects of substance abuse and family conflicts on teens. Naama received her Masters in Social Work (MSW) from Tel Aviv University in Israel.



**Deanne Kelly, OTR/L, Occupational Therapist**

Deanne is a board-certified registered occupational therapist who graduated from San Jose State University with a B.S. in occupational therapy. Deanne has 28 years of experience as an occupational therapist, providing therapeutic intervention to children from birth through young adulthood. She specializes in developmental disabilities, attention deficit disorders, learning disabilities and sensory processing challenges. Past experience includes providing therapeutic intervention in clinic, hospital, school and home environments.



**Kylie Hunter, MOT, OTR/L, Occupational Therapist**

Kylie is a board certified registered and licensed Occupational Therapist. She has experience working with children 0 – 18 years of age in both the school and outpatient settings. She has worked internationally with children with a variety of disabilities including physical, psychosocial, and sensory processing challenges. Kylie specializes in treating children diagnosed with ASD, ADD/ADHD, and other neurodevelopmental delays and strives to enhance the daily lives of all the families she works with. Kylie received her Master's degree from the University of Pittsburgh, Pennsylvania.





**PARENTS PLACE HAS TWO FAMILY RESOURCE  
CENTERS ON THE PENINSULA:**

**KORET FAMILY RESOURCE CENTER**

200 Channing Avenue  
Palo Alto, CA 94301  
650-688-3040

**ELEANOR HAAS KOSHLAND CENTER**

2001 Winward Way  
San Mateo, CA 94404  
650-931-1840

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